

Becoming People of Blessing

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Blessing:

“The projection of good into the life of another.”

~ Dallas Willard

4 Components of Blessing

1. You are good.

Genesis 1:31a NIV

God saw all that he had made, and it was very good.

Reflection with your APP: Who in your life brings you particular joy and who brings particular difficulty? Reflect on the people in your life and pray and ask that God would show you the good He celebrates in them and then find a way to share it with them.

2. You are seen.

Matthew 3:17a NIV

And a voice from heaven said, “This is my Son, whom I love...”

Reflection with your APP: Who have you not seen at StAAC in the last 6 months? Who in your sphere of relationships may feel invisible to those around them? How could you reach out?

3. You are delighted in.

Matthew 3:17b NIV

"...with him I am well pleased."

Reflection with your APP: Who do you need to encourage by words or presence? Reflect on who in your sphere feels unworthy, undervalued, shame, and/or embarrassment. How could you express delight and enjoyment in them?

4. You are worth giving my life for.

John 10:11-15 NIV

"I am the good shepherd. The good shepherd lays down his life for the sheep. The hired hand is not the shepherd and does not own the sheep. So when he sees the wolf coming, he abandons the sheep and runs away. Then the wolf attacks the flock and scatters it. The man runs away because he is a hired hand and cares nothing for the sheep."

"I am the good shepherd; I know my sheep and my sheep know me—just as the Father knows me and I know the Father—and I lay down my life for the sheep."

Reflection with your APP: What can you give up in order to help someone else succeed? How might you give away power to someone younger?

God's Presence in Blessing:

"This is about the manifest presence of God. We know that God is present everywhere, but he is not manifest everywhere... the blessing, is designed to project that presence of God in a manifest way to the person you are talking to... We're asking for an entire atmosphere of God's reality to be present on the person we are blessing under the invocation of God."

Dallas Willard

"A blessing is the visible, perceptible, effective proximity of God."

Dietrich Bonhoeffer

Listening Prayer Question:

Jesus, what do you like about me? What about me brings you delight? Why?



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