



The Reality Choice

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"I do not understand what I do. For what I want to do I do not do, but what I hate I do! ...I know that nothing good lives in my sinful nature. I have the desire to do what is good, but I cannot carry it out."

Romans 7:15, 18b NIV

Stress	Diet	Finances
Fears	Worry	Relationships
My overwork	Bad habits	Painful memories
Attractions	Anger	Perfectionism
Addiction	Dishonesty	Resentment
Regrets	Need to control	Compulsive thoughts

FIRST CHOICE: I ADMIT I AM POWERLESS AND NEED HELP

I ADMIT I need help; that I'm powerless to control my tendency to do the wrong thing and that my life is unmanageable.

1. HUMBLY ADMIT I NEED HELP

"God opposes the proud but gives grace to the humble"

James 4:6 NLT

"You will never succeed in life if you try to hide your sins. Confess them and give them up; then God will show mercy to you."

Proverbs 28:13 GNT

2. HUMBLY ASK GOD FOR HELP

"...We saw how powerless we were to help ourselves; but that was good, for then we put everything into the hands of God, who alone could save us, for he can even raise the dead." 2 Corinthians 1:9 TLB

3. HUMBLY ACCEPT HELP FROM OTHERS

"Two are better than one, because they have a good return for their work. If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up!" Ecclesiastes 4:9-10 NIV

"Admit your faults to one another and pray for each other so that you may be healed." James 5:16a TLB

APPRENTICESHIP PRAYER PARTNER QUESTIONS:

- Why do you think it is important for believers to acknowledge the truth about themselves?
- What are your most common reactions when you are faced with a difficult situation, when you don't have the resources to deal with it?
- What do you think Paul means that powerlessness is "good" in 2 Corinthians 1:9?

After reading Ecclesiastes 4:9-10, discuss why it says "Two are better than one."

- In what ways does God show us that working together is important?
- What hinders people from getting along and working together?

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