

HOW? *long?*

What Does it Take to Trust?

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Trust speaks of placing our hope and confidence upon someone or something.

Often our issue with God comes back to the question: does he have our best interest at heart?

Habakkuk 3:2 NLT

I have heard all about you, Lord. I am filled with awe by your amazing works. In this time of our deep need, help us again as you did in years gone by. And in your anger, remember your mercy.

Proverbs 3:5 NLT

Trust in the Lord with all your heart; do not depend on your own understanding.

What can we do when we are struggling to trust God?

1. Be honest about it.
2. Stay in the Psalms.
3. Give thanks to God for as many things as you can each day.

Hebrews 11:1 NLT

Faith shows the reality of what we hope for; it is the evidence of things we cannot see.

Three areas that often keep us from trusting God fully.

- Family related issues
- Health related issues
- Money related issues

Habakkuk 3:18-19 NLT

...yet I will rejoice in the Lord! I will be joyful in the God of my salvation! The Sovereign Lord is my strength!

Apprenticeship Prayer Partner Questions

- How do I respond when trust has been broken? Are there steps I can take to restore trust?
- Are there areas that God is asking me to trust him and not rely on my own understanding?



This Advent season, we hope you'll join us for one of our **Family Christmas Eve Services** as we celebrate the *Hope Realized* in the coming of Jesus (more info at christmasinstalbert.com).