

## **Hebrews 12:1-3 NLT**

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

We do this by keeping our eyes on Jesus, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne.

Think of all the hostility he endured from sinful people; then you won't become weary and give up."

"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us run with endurance the race God has set before us.

What is the "weight" in your life that slows you down?
What is the sin that gets you all tangled up?
"Faith is the confidence that what we hope for will actually happen; it gives us assurance about things we cannot see"
Hebrews 11:1 NLT

"So then, since we have a great High Priest who entered heaven, let us hold firmly to what we believe. This High Priest understands our weaknesses, for he faced all the same testing we do, yet he did not sin. So let us come boldly to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most."

Hebrews 4:14-16 NLT